

POST OP DIRECTIONS

Dental Implant

DISCOMFORT

You may have some discomfort following implant placement. 50% of any discomfort should be gone by the 2nd day and almost completely gone by the 3rd day following your procedure. If you experience severe discomfort, please give our office a call.



MEDICATION

You will be prescribed an antibiotic to take for the next 7 days. It is not unusual to have some discomfort for a few days following your procedure.

In many cases, 500-1,000 MG of Ibuprofen taken every 8 hours will be sufficient.

****Dosage and medications depend on your medical status.**

DIET



For the next 2 weeks, chew on the opposite side of your mouth until your next visit. Avoid crunchy or sticky foods (popcorn, chips, gum, caramel, etc), spicy foods, very hot foods, and foods with seeds.

BRUSHING



No brushing on the surgical site for 2 weeks unless otherwise instructed by your doctor. Continue to follow your regular oral hygiene routine in all other areas of your mouth.

Mouthwash

Avoid rinsing for the first 24 hours following the procedure, this may promote bleeding. If prescribed mouthwash, use it after 24 hours to keep the area clean.

Prestige Dental Specialists

 703-462-9092

 info@prestigedentalspecialists.com

 www.prestigedentalspecialists.com

 7617 Little River Turnpike, Suite 910, Annandale, VA 22003

BLEEDING

Bleeding may occur following your procedure, usually mild oozing. If you experience any bleeding, you can use a dampened gauze pad to apply light pressure to the area. If you are still experiencing bleeding, you can place a damp tea bag on the area and apply light pressure for about 30 minutes.

SWELLING AND BRUISING

Depending on the nature of the procedure, swelling may or may not occur. It is advisable to place an ice pack over the area, 20 minutes on and off, for the rest of the day. If, after 24 hours, swelling gets worse and you have a fever, please give our office a call.

SMOKING AND ALCOHOL



Tobacco smoke can interfere with the healing process. Refrain from all smoking and alcohol for the next 2 weeks following your procedure.

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